

SRI. K. C. TOSHNIWAL VIVEKANANDA
VIDYALAYA MATHUR CH-68.

OUR CULTURAL VALUES AND its
PRESENT APPLICATION AS PER
- Ramayana -

Essay Writing

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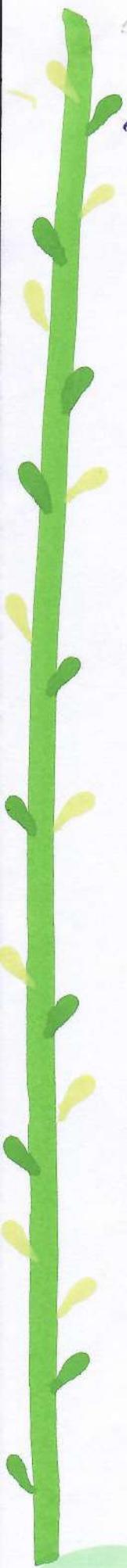
Our cultural values and

its present applications

AS PER RAMAYANA.

The Ramayana is not just a story written thousand years ago - it is a mirror that still reflects the values we need to day. Though time has changed, the heart of humanity remains the same, and the Ramayana continues to remind us of what makes us truly Indian, our respect, our courage, and our sense of to choose which is right and the wrong.

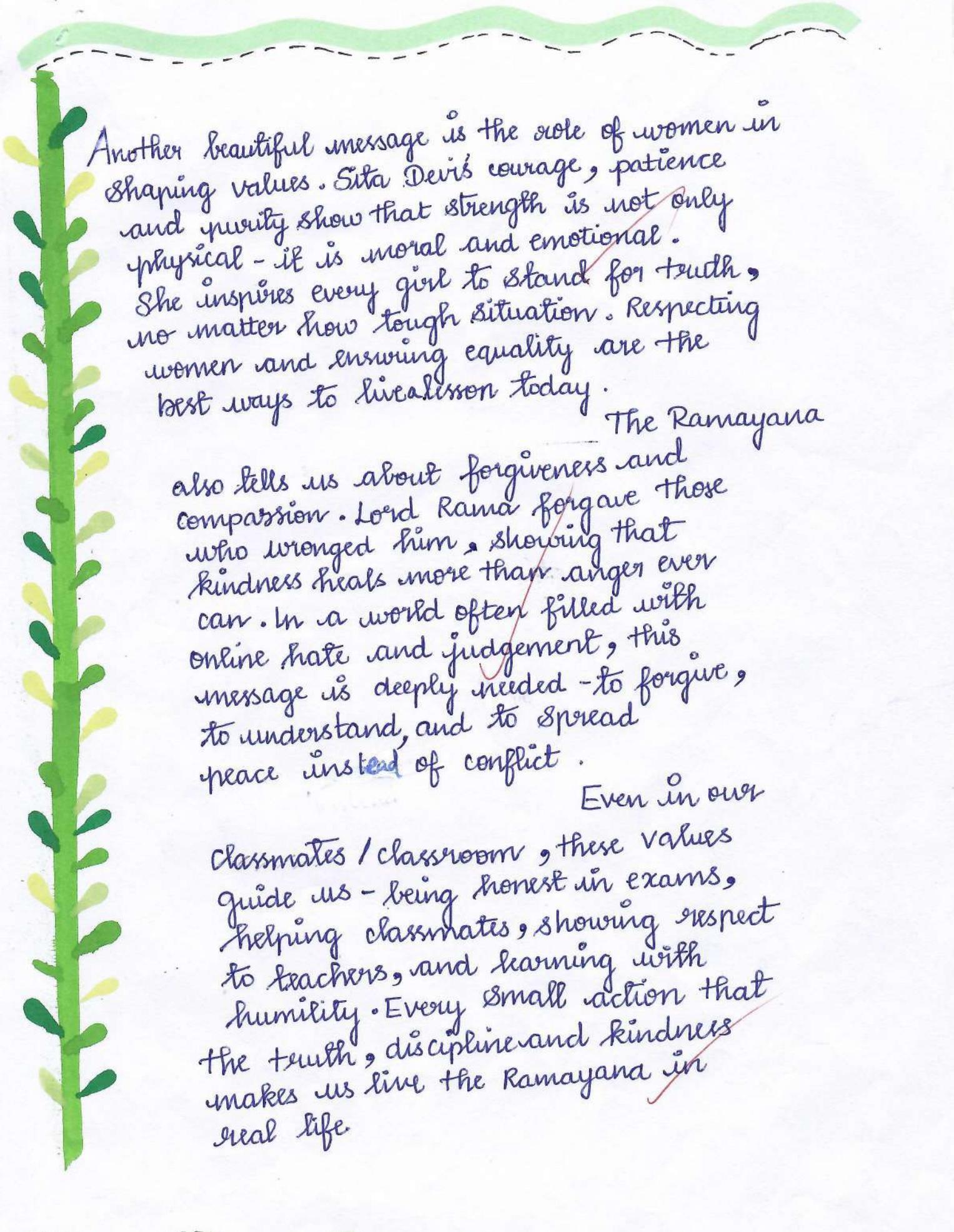
Among all its lessons, the one that shines the brightest is 'DHARMA', or living with the truth and responsibility. When Lord Rama choose to exile over the throne just to keep his father's promise, he proved that the real strength is in character, not in power. In today's world, we can follow this by standing our words, doing what is right even when no one is watching, valuing integrity above the 'SUCCESS'.



The Ramayana also teaches respect for parents and elders. In an age where people are often too busy to even talk at home, Rama's Obedience and love for his parents remind us that families are our roots. Listening to them, learning from their experiences and caring for them keeps our heart grounded in gratitude.

Equality and humility are other values we find in Hanuman's devotion. He never demanded praise, yet his name is remembered with reverence. He shows that greatness comes not from pride but from service. Today we can apply this by helping others selflessly - whether it is comforting a friend, supporting a cause, or doing our part for the society.

The Ramayana also gives us the strength to fight our inner battles. Ravana's fall was not because of someone else's power, but his own pride and ego. It teaches us that our biggest enemies are within us - anger, greed and arrogance. In modern times, when competition and comparison often control our minds, this lesson helps us stay balanced and peaceful.



Another beautiful message is the role of women in shaping values. Sita Devi's courage, patience and purity show that strength is not only physical - it is moral and emotional. She inspires every girl to stand for truth, no matter how tough situation. Respecting women and ensuring equality are the best ways to live a lesson today.

The Ramayana also tells us about forgiveness and compassion. Lord Rama forgave those who wronged him, showing that kindness heals more than anger ever can. In a world often filled with online hate and judgement, this message is deeply needed - to forgive, to understand, and to spread peace instead of conflict.

Even in our classmates / classroom, these values guide us - being honest in exams, helping classmates, showing respect to teachers, and learning with humility. Every small action that tells the truth, discipline and kindness makes us live the Ramayana in real life.

In conclusion the Ramayana is not just about gods and kings, it is about us - about the choices we make everyday. It values the truth, respect, humility and compassion are the roots of our culture and the wings of our future. If we live by them, we don't just remember the Ramayana - we continue it, through our own actions and heart.

"Live with truth, respect and compassion - the values of Ramayana are the key to peace and righteousness"

- B. Padma Shree

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