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TOPIC: OUR CULTURAL VALUES
AND ITS PRESENT APPLICATION
AS PER RAMAYANA

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OUR CULTURAL VALUES AND ITS PRESENT APPLICATION AS PER RAMAYANA [700 WORDS]

India is a land of great culture and tradition. From ancient times, our cultural values have shaped our lives and given meaning to our existence. Among the many sacred texts of India, the Ramayana stands as a shining beacon of moral and spiritual guidance. Written by sage Valmiki, it is not just a story of Lord Rama's life but a deep lesson on how to live with righteousness, discipline, and compassion. The Rama's teachings remain relevant even today as they provide direction in modern and fast-changing world.

The central character of Ramayana, Lord Rama is known as *maryada purushottama*, which means the "ideal man" or "The perfect human beings". His life reflects the highest moral standards. Rama's obedience to his father's commands, his respects for his elders and his love for his people teach us the value of truth, duty, and self-sacrifice. Even

when he was asked to leave the kingdom and his unwavering respect for dharma - the path of righteousness.

Sita, the wife of Lord Rama, represents purity, Patience, and Strength. Her devotion and courage during exile and captivity in Lanka teach us about inner strength and dignity. In today's world, where many face challenges and temptations, Sita's character reminds us that true strength comes from virtue and determination, not from power or wealth.

Lakshmana symbolizes loyalty and brotherly love. He left the palace comforts to accompany Rama to the forest, showing that relationships are built not on selfishness but on love and commitment. Similarly, Hanuman embodies humanity, devotion, and service. Through powerful, he used his strength only for the welfare of others. His devotion to Lord Rama is a model of pure faith and dedication, not from power or wealth.

When we look at Society today, we find that these values from the Ramayana are more important than ever. We live in a world filled with competition, stress, and material desires. People often forget honesty, kindness, and moral responsibility in their pursuit of success. If we apply the values of truth, compassion, and justice shown in the Ramayana, we can build a peaceful and harmonious society.

For example, governance, the respect for parents and elders can inspire today's youth to value family relationships. Sita's patience and courage can motivate women to face life challenges with confidence and grace. Hanuman's sense of service can encourage citizens to work for the welfare of the community. These lessons are not old-fashioned - they are timeless.

Even in the Ram Rajya represents an ideal form of administration based on justice, equality

and welfare if modern leaders followed these Principles, corruption and inequality would decrease. The idea of Ram Rajya can be applied in today's democracy by ensuring fairness, protecting the poor and maintaining law and order.

The Ramayana also teaches environmental and Social Values. The forest were Rama lived were treated with respect showing harmony between humans and nature. Today as we face environmental issues like deforestation and pollution the message of living balance with nature's essential

Cultural Values from the Ramayana are not limited to religion - they are universal principle for all humanity. They teach us to respect other, speak the truth, fulfill our duties and practice compassion. If we can apply even a few of these values in daily life - like honesty, service and

respect, the world would become a better place

In conclusion, the Ramayana is not just an ancient story but a guide book for modern things. It reminds us that program without values in day today life like honesty, service, and respect the world would be advanced in technology and science, we must also grow in ethics and compassion. Our cultural value is.

"The Ramayana emphasizes the enduring values of Dharma, Loyalty, Sacrifices, and Integrity."

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P. Srividhya
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