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Our Cultural Values and
its present application as
per Ramayana.

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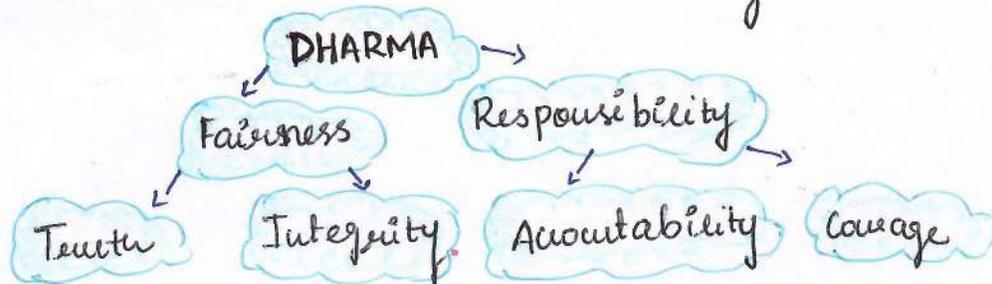
The mirror in the Myth.

When we hear Ramayana, we picture ancient forests, golden palaces, and sages under banyan trees. But when you look at it closely, it's less about mythology and more about mindset! Yes, the story is a mirror that reflects who we are in 2025.

When Lord Rama stood for truth, he was doing what we struggle with every day: keeping promises when it's easier to break them. When Sita chose dignity over convenience, she was proving that grace can exist even under judgement, something every teenager faces on social media. When Lakshmana drew a line to protect her, he wasn't just following orders - he was setting a boundary, the same kind we set with our values.

Today, we may not wear crowns or carry bows, we do face Ravanas of our own: lies, greed, gossip, short cuts. The Ramayana reminds us that every generation must fight its demons differently, but the courage we need remains the same. It isn't an old story. It's an everyday one, replaying in classrooms, offices and online comments. We don't need to memorize the Ramayana. We just need to live it.

Rama and the Art of Decision-Making



Imagine being school captain. Two friends break a rule, one is your bestie, one is a junior you barely know. Do you protect your friend or play fair? That small dilemma is a modern echo of Rama's greatest test, choosing dharma over comfort.

When Rama accepted exile without anger, he was not being passive. He was practicing emotional intelligence centuries before we invented the term. He knew that right choices often cost us peace first but bring it back later. In a world of instant gratification, where likes are mistaken for validation, that lesson feels revolutionary.

Rama's leadership was not about authority; it was about accountability. He took ownership even when the world misunderstood him. This is something today's leaders, from politicians to students, often forget.

Even for us, leadership means doing homework, before scrolling, admitting mistakes, respecting deadlines, and being fair when it is inconvenient. Rama's calm decisiveness teaches that dharma is not being obedient; it is conscious clarity.

So next time we must pick between easy and right, maybe we will remember the prince who gave up a kingdom to keep his word. That is not mythology. That is maturity.

Sita, strength in Softness

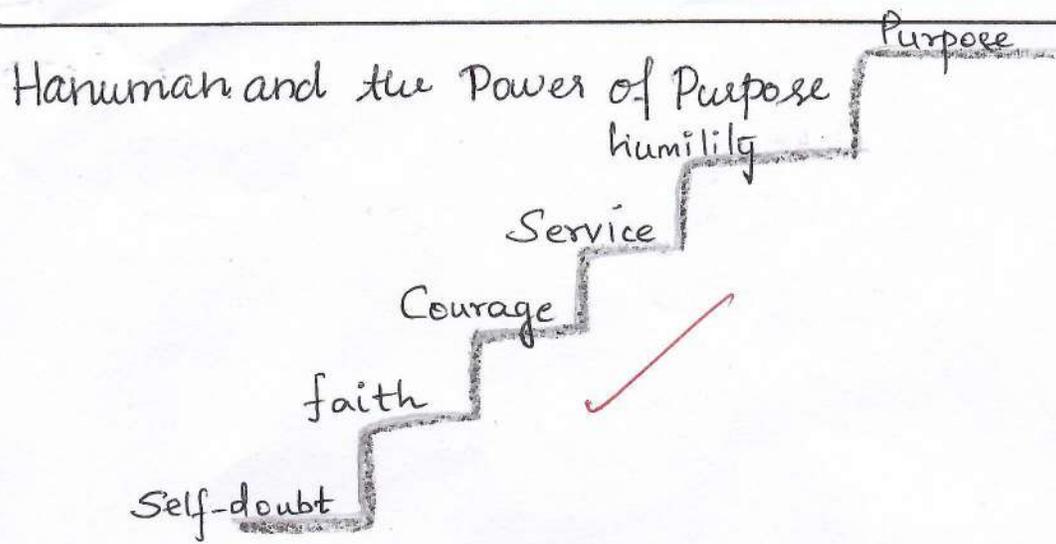


Sita's story is often told as one of patience and sacrifice, but look deeper, and it becomes a story of power. Her strength was not in shouting; it was in standing firm. She faced unfairness, rumours, and isolation, yet her silence was not surrender. It was a declaration: I define my own worth.

Think of every girl who refuses to conform, who says no when pressured to say yes, who chooses respect over popularity. That is Sita walking through her own fire test. And it is not just girls; every person who stays true to themselves when the world doubts them shows their courage.

In our time, where trending often matters more than truth, Sita's grace feels revolutionary. She reminds us that resilience does not need applause. You can ^{grow} quietly and still change the room. We talk about women's empowerment as a new idea, but the Ramayana showed it long ago, a strength that does not crush others but uplifts them. Sita's journey tells every young reader: your silence can roar, your dignity can disrupt and your choices can redefine strength.

Power is not loud. Sometimes, it simply refuses to bow.



Hanuman is everyone's favourite, loyal, brave and unstoppable. But the magic was not just in his strength; it was in his purpose. The moment he remembered who he was, he could leap across the sea. That is a message tailor-made for our generation. We are all powerful; we just forget it between notifications. Hanuman's confidence came from service, not ego. He did not fight for fame; he fought for faith. Today we live in a world obsessed with self-promotion. But true success, like true devotion, is quiet and consistent. When a student helps a classmate, when a young person joins a clean up drive, when we use technology to solve real problems, that is Hanuman 2.0. He also showed that being humble does not mean being weak. Despite his strength, he bowed to wisdom. That is the balance we need today, ambition with humility, success with service. Hanuman teaches us that belief is not blind; it is brave. The moment we stop doubting our potential, impossible distances, become just another jump. His story is not about miracles; it is about mindset.

The Epic we still live in:

Maybe the Ramayana never ended. Maybe it simply moved into our daily lives, our classrooms, conversations and choices. The battle field now is not Lanka; it is our conscience.

Everytime a friend forgives instead of retaliating that is a victory of dharma. Everytime someone apologizes first, that is the bridge to Lanka being rebuilt. Everytime we stand up to bullying, gossip, or corruption, we defeat a small Ravana inside the system.

Our generation faces different demons; misinformation, peer pressure, an stress. But our tools are the same, truth, courage, compassion.

The Ramayana's relevance lies not in rituals but in realism.

It tells us that values do not expire; they evolve.

We do not have to worship the heroes of the Ramayana; we just have to be them in our ways. A good student is a modern Rama. A loyal friend is a Hanuman. A respectful daughter is Sita.

The epic is not ancient; it is ongoing. Everytime we choose empathy over ego, patience over pride, truth over trends, we continue the Ramayana's script. Dharma does not belong to the past. It belongs to whoever dares to live it now.

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